

UrgoK2[®] HOW-TO-GUIDE

DUAL COMPRESSION SYSTEM THAT GUARANTEES CONTINUOUS, CONSISTENT AND COMFORTABLE COMPRESSION



18-25
cm

2 ankle sizes available

25-32
cm



Effective compression
for up to 7 days



Comfortable for wear
day and night

- ✓ Follow policy on determining level of arterial disease before using compression
- ✓ Leg reshaping with wadding may be done
- ✓ Measure ankle circumference to allocate correct kit size
- ✓ Place foot at 90° or “toes to nose”
- ✓ Start therapeutic compression from the ankle (i.e. oval shape to circle from the ankle only)
- ✓ Bandage using the **presSure** system (stretch bandage to circle shape as in application table)
- ✓ Leave a “cuff of fluff” at top and bottom
- ✓ Finish bandaging 2 fingers below knee
- ✓ Cut off any excess bandage
- ✓ For left-handed application of 18-25” ensure round pressure indicators are not covered

Application instructions
over page



INDICATION

UrgoK2[®] Lite - 20 mmHg (Reduced level of compression)

For patients unable to tolerate full compression, mixed venous leg ulcer, venous oedema and lymphoedema, and a step-up approach to full compression

UrgoK2[®] - 40mmHg (Full compression)

For patients with venous leg ulcers, oedema, lymphoedema

Contact your Key Account Manager
<<Name>> on
<<contact number>> for further
information or to book education

URGO
MEDICAL
Healing people[®]

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bit.ly/UrgoK2Application

UrgoK2 makes correct application as easy as 1-2-3!

- 1 Measure the ankle and choose the correct kit**



Unique patented indicator presSure System

- 2 Achieve correct stretch with presSure indicators**



- 3 Achieve correct overlap**



Applying the white short-stretch bandage



With the ankle at normal flexion, start at the base of the toes with 1 or 2 turns without applying excessive pressure.



Secure the heel by applying in a figure 8 around the ankle, ensuring the heel is completely covered.

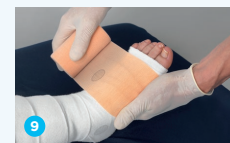


After the ankle, bandage up to the knee in a spiral, guided by the overlap of the pressure indicators.



Finish 2 cm below the knee and cut off excess bandage, then secure the bandage with tape.

Applying the beige long-stretch bandage:



Leave a "cuff of fluff" at the toes.



Apply the second bandage in the same way that the first was applied.



Cut the excess bandage, and with your hands, press lightly across the leg to secure cohesion of the second bandage with the first.